



# Buckhead

MY HOME • MY FAMILY • MY SELF

BEST OF 2026 ISSUE



**BEST MENTAL HEALTH PRACTICE OR DOCTOR**  
Angela F. Arnold, MD



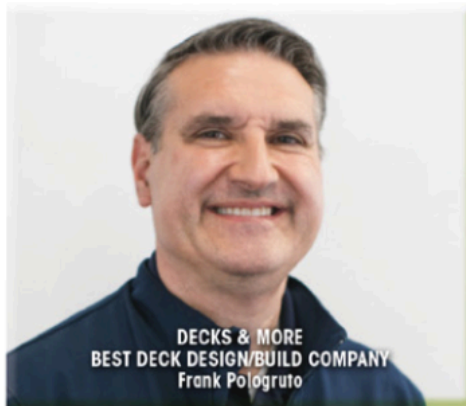
**TAILOR MADE LOOKS INSTITUTE OF  
PLASTIC SURGERY & MEDSPA  
BEST PLASTIC SURGERY PRACTICE - BODY**  
ChiChi Berhane, MD, MBA



**SPINDLE & OAK KITCHEN  
BEST KITCHEN REMODELER**  
Ben Walker



**VAN SANT LAW  
BEST PERSONAL INJURY LAW**  
David Van Sant



**DECKS & MORE  
BEST DECK DESIGN/BUILD COMPANY**  
Frank Pologruto



**ATLANTA SMILE SOLUTIONS & WELLNESS  
BEST COSMETIC DENTISTRY PRACTICE**  
Louisa Berman, DMD



**FINANCIAL INNOVATIONS  
BEST FINANCIAL PLANNER**  
Laura K Schilling, JD, CPA, CFP, PFS



**LUX MED SPA  
BEST MED SPA**  
Alan Larsen, MD

After thousands of votes, we reveal the businesses  
you chose as Buckhead's Best! p. 18

*Plus*

*Events Calendar • Date Night Ideas*

*Five Ways to Give Back*



**WINNERS**

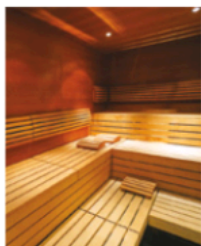
# Hood Winks

Nod to your neighbors

By Stephanie Carnes

Treat yourself with **Waldorf Astoria Atlanta Buckhead's**

Spa Day Pass. **Swim laps in the luxurious 60-foot indoor saline pool, recharge in the vitality whirlpool,** detox in the dry sauna or steam room and rest in a relaxation lounge. Work out in the fitness room before you go—or have food and drinks delivered to you poolside. 3376 Peachtree Rd. NE, [resortpass.com/hotels/waldorf-astoria-atlanta-buckhead](http://resortpass.com/hotels/waldorf-astoria-atlanta-buckhead)



Finally in Atlanta, **Great Many** brings their hair growth studio for men and women to Buckhead Village. Their **nonsurgical approach is based on the latest hair growth technology,** complemented by expert-designed personalized treatment plans and a hospitality-style setting. The 1,800-square-foot Buckhead studio is their first location outside New York City. 300 Buckhead Ave. NE, [greatmany.com/atlanta](http://greatmany.com/atlanta)



## DATE NIGHT IN BUCKHEAD

Head to the rooftop bar at **St. Julep** → on Feb. 28 and **toast each other with a cocktail, crafted by you.** Mixologist Inez Goodwine leads the hands-on class with new seasonal cocktails every month for you to create and taste.

Tools and ingredients are provided, as is the romantic view.

374 E. Paces Ferry Rd. NE,  
[saintjulepatl.com/happenings](http://saintjulepatl.com/happenings)

Make your reservations now—Wednesday through Friday, **omakase pioneer Chef Kazuo Yoshida** is featuring his elegant, eight-seat omakase experience at **M @ Umi.** Put yourself in his expert hands and enjoy the craftsmanship of the 19-course, nigiri-focused menu, paired with the thoughtful service that defines the dining style. 3050 Peachtree Rd. NW, Ste. 1, [umiatlanta.com/matumi](http://umiatlanta.com/matumi)

Grab your sweetie for **Carmel's** “love letter to the coast” kind of date night. Start with **Freezer Martinis and Pink Moons** at the bar for Oyster Hour, then move to your table for a wood-fired meal to remember. Order the ribeye and the redfish, and don't skip the piled-high Caviar Fries. 3009 Bolling Way, Ste. G130, [carmelatl.com](http://carmelatl.com)



**Kids Avenue** is a thoughtfully designed indoor playground that gives kids ages 8 and under the **chance to play and learn in their own mini city,** complete with a firehouse, dentist's office, grocery store, pizzeria and more. A ball pit, slide and rock wall round out the family fun. 3199 Maple Dr. NE, Ste. R, [thekidsavenue.com](http://thekidsavenue.com) 