



MY HOME • MY FAMILY • MY SELF

BEST OF 2026 ISSUE



BEST MENTAL HEALTH PRACTICE OR DOCTOR  
Angela F. Arnold, MD



TAILOR MADE LOOKS INSTITUTE OF  
PLASTIC SURGERY & MEDSPA  
BEST PLASTIC SURGERY PRACTICE - BODY  
ChiChi Berhane, MD, MBA



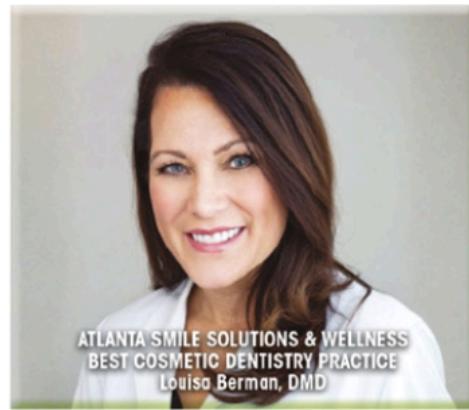
SPINDLE & OAK  
BEST KITCHEN REMODELER  
Ben Walker



VAN SANT LAW  
BEST PERSONAL INJURY LAW  
David Van Sant



DECKS & MORE  
BEST DECK DESIGN/BUILD COMPANY  
Frank Pologruto



ATLANTA SMILE SOLUTIONS & WELLNESS  
BEST COSMETIC DENTISTRY PRACTICE  
Louisa Berman, DMD



FINANCIAL INNOVATIONS  
BEST FINANCIAL PLANNER  
Laura K Schilling, JD, CPA, CFP, PFS



LUX MED SPA  
BEST MED SPA  
Alan Larsen, MD

After thousands of votes, we reveal the businesses  
you chose as Buckhead's Best! p. 18

Plus

Events Calendar • Date Night Ideas  
Five Ways to Give Back



# 'Hood Winks

Nod to your neighbors

By Stephanie Carnes

Treat yourself with **Waldorf Astoria Atlanta Buckhead's** Spa Day Pass. **Swim laps in the** luxurious 60-foot indoor saline pool, recharge in the vitality whirlpool, detox in the dry sauna or steam room and rest in a relaxation lounge. Work out in the fitness room before you go—or have food and drinks delivered to you poolside. 3376 Peachtree Rd. NE, [resortpass.com/hotels/waldorf-astoria-atlanta-buckhead](http://resortpass.com/hotels/waldorf-astoria-atlanta-buckhead)



Finally in Atlanta, **Great Many** brings their hair growth studio for men and women to Buckhead Village. Their **nonsurgical approach is based on the latest hair growth technology**, complemented by expert-designed personalized treatment plans and a hospitality-style setting. The 1,800-square-foot Buckhead studio is their first location outside New York City. 300 Buckhead Ave. NE, [greatmany.com/atlanta](http://greatmany.com/atlanta)



## DATE NIGHT IN BUCKHEAD

Head to the rooftop bar at **St. Julep** on Feb. 28 and **toast each other with a cocktail, crafted by you**. Mixologist Inez Goodwine leads the hands-on class with new seasonal cocktails every month for you to create and taste.

Tools and ingredients are provided, as is the romantic view.

374 E. Paces Ferry Rd. NE, [saintjulepatl.com/happenings](http://saintjulepatl.com/happenings)

Make your reservations now—Wednesday through Friday, **omakase** pioneer **Chef Kazuo Yoshida** is featuring his elegant, eight-seat omakase experience at **M @ Umi**. Put yourself in his expert hands and enjoy the craftsmanship of the 19-course, nigiri-focused menu, paired with the thoughtful service that defines the dining style. 3050 Peachtree Rd. NW, Ste. 1, [umiatlanta.com/matumi](http://umiatlanta.com/matumi)

Grab your sweetie for **Carmel's** "love letter to the coast" kind of date night. Start with **Freezer Martinis and Pink Moons** at the bar for Oyster Hour, then move to your table for a wood-fired meal to remember. Order the ribeye and the redfish, and don't skip the piled-high Caviar Fries. 3009 Bolling Way, Ste. G130, [carmelatl.com](http://carmelatl.com)



**Kids Avenue** is a thoughtfully designed indoor playground that gives kids ages 8 and under the **chance to play and learn in their own mini city**, complete with a firehouse, dentist's office, grocery store, pizzeria and more. A ball pit, slide and rock wall round out the family fun. 3199 Maple Dr. NE, Ste. R, [thekidsavenue.com](http://thekidsavenue.com)

